

Ginger-Soothe Syrup

Throat-soothing herbal syrup

Ginger-Soothe Syrup is a pleasant-tasting, throat soothing herbal syrup elixir with immune-supportive properties.* It features ginger for immune support along with wild cherry bark to soothe the throat and for the occasional cough.* It also includes lovage, a herb that supports healthy respiratory function and promotes discharge of phlegm and mucus.* The base of this syrup is kosher vegetable glycerin and certified organic honey—a time-honored home remedy to soothe an irritated throat, as well as a sweetening complement to the potent ginger flavor. The pleasant taste and easy-to-take liquid form of Ginger-Soothe Syrup make this product ideal for kids and adults alike.

The three herbal ingredients in Ginger-Soothe Syrup—ginger, lovage and wild cherry bark—have been shown to support the body's natural immune response, and help soothe the discomfort and irritation that may be associated with the occasional cough and sore throat.

Ginger (*Zingiber officinale*) has been used throughout the ages and is well-regarded for supporting a healthy inflammatory response, bolstering the immune system and supporting the body's natural defenses.* In combination with the general warming sensation induced by ginger's strong, spicy flavor, these properties contribute to ginger being beneficial for soothing the throat and reducing the discomfort induced by occasional coughing.

Wild Cherry Bark (*Prunus spp.*) is a traditional Native American remedy to soothe the throat.* The complex phenolic compounds in wild cherry—including chlorogenic acid, which is also found in green tea, coffee, eggplant and a species of hibiscus flower—contribute to its antioxidant properties. Wild cherry may be beneficial for reducing discomfort from the irritation associated with occasional coughing and throat soreness.

Lovage (*Levisticum officinale*) is a herb traditionally employed as a folk remedy for the occasional cough.* Lovage belongs to the Apiaceae botanical family, a category that also includes carrot, celery, coriander, dill, fennel and parsley. Lovage leaves can be used in salads and the roots can be eaten as a vegetable or grated for use in salads, with a flavor and aroma similar to those of celery and parsley. Lovage may help loosen secretions in the respiratory tract.

Recommended Use:

Take 2.5 mL (approx. 1/2 teaspoon) per day, or as directed by your health care practitioner.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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